

## Resources

**Miracle Mile Community Practice** - providing in-person low fee counseling in a caring environment.

(323) 939-6355

[www.mmcpa.org](http://www.mmcpa.org)

Contact: Laurie Markham or David Marsten

Los Angeles Location:

7461 Beverly Boulevard, Suite 405

Los Angeles, CA 90036

South Bay Location:

512 Main Street, Suite 2

El Segundo, CA 90245

**Matianna Baldassari** - Licensed Marriage and Family Therapist and Certified Yoga Instructor who provides in-person counseling for self-esteem, life transitions, stress, anxiety, and substance abuse.

(424) 254-9611

[www.pacificmft.com](http://www.pacificmft.com)

**Book Resource:**

***U Touch I Tell* by Chi Hosseinion**- A book that advocates for children to stand up to unwanted sexual advances. It can serve as a starting point to open a dialogue between parents and children to talk about this difficult, and often taboo, subject.

[www.utouchitell.org](http://www.utouchitell.org)